**Making a submission**

* It can be as simple as you like
* There is no single right way

**How much, what format?**

* As short or as long as you like
* Typed or handwritten
* Posted or emailed
* If posting, submit two copies
* If posting, put stamps on the envelope – this is not free post

**If you wish to post it**

* Address for posting:

 Health Committee

 Parliament Buildings

 Wellington 6160

* Name the petition:

Petition of Hon Maryan Street and 8,974 others

* Include your own name and contact details

**If you wish to email it**

* Address for emailing:

 charlotte.yeabsley@parliament.govt.nz

* Name the petition:

 Petition of Hon Maryan Street and 8,974 others

* Charlotte Yeabsley is the Clerk of the Committee. She can be contacted on (04) 817 9520 or (04) 817 954
* Where to go online for all information: www.parliament.nz

**The words of the petition are . . .**

*“That the House of Representatives investigate fully public attitudes towards the introduction of legislation which would permit medically-assisted dying in the event of terminal illness or an irreversible condition which makes life unbearable.”*

**If you want to see other submissions first**

* [www.parliament.nz](http://www.parliament.nz/)
* In the search bar, type Committee Documents
* In the next search bar, type Submissions
* Click on the topic Evidence/Submissions (probably third from top, shaded green)
* Use the drop down menu to select Health as the Committee type
* Type Maryan into the Keyword bar and click Go
* Click on the name of a submitter and then click on Full Evidence Text (under Downloads, right)

**Your submission**

* Logical, factual, accurate
* If it’s long, structure it. This could be with headings and numbered points or just separate paragraphs, taking one point at a time.

**Points to address (optional)**

The committee is interested to know about:

* *1. The factors that contribute to the desire to end one’s life.*
* *2. The effectiveness of services and support available to those who desire to end their own lives.*
* *3. The attitudes of New Zealanders towards the ending of one's life and the current legal situation.*
* *4. International experiences.*

**Your reason for supporting**

* Your submission will be more powerful if you give your reason/s for supporting the legalisation of medical aid in dying: e.g. your own personal experience of a harrowing death, your philosophical viewpoint or other reason.
* If you wish to speak to your submission (i.e. personally talk to the Select Committee), say so when you submit . You will be contacted.

**One sentence will do**

If you don’t have the time or patience to make a long submission, consider simply recording your support for a change in the law. One sentence will do.

* This is our best chance to change the law !
* Only two previous attempts to change the law have been made: 1995 and 2003.
* 12 years have passed since our last opportunity.
* Deadline for submission: 1st February 2016.

**Please take action!**